

SANT NIRANKARI PUBLIC SCHOOL
SECTOR- 16 A , FARIDABAD

REFLECTIONS



**10TH
EDITION**

JULY-SEPTEMBER, 2022



THE WORLD IS TOO SMALL FOR WALLS

Our Mission is to create LEADERS

WE PLANT SEEDS OF KNOWLEDGE THAT GROW FOREVER



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<https://www.facebook.com/santnirankaripublicschool>



www.fbd.sbps.edu.in

SESSION ON CYBER SAFETY AND SECURITY, 1st JULY 2022

“Cyber Security isn't easy, but it comes down to three basic principles-Protect, Detect, and Respond”

In this digital world, where everyone is increasingly wired to social media and the internet, the concerns of cyber security, cyber bullying, cyber hygiene are pertinent. Ms. Shiwani Arora took a session and she introduced the staff to various terminologies like Cyber Bullying, hacking, phishing, cloning, data theft, digital frauds and grooming.

The session was concluded with some tips for internet banking and safe online transactions. She also shared the website for reporting Cyber Crimes. Women and children can report anonymously on www.cybercrime.gov.in.

Internet is a technology, not a toy and we should harness it carefully. Your safety is in your hands.

STAY ALERT, STAY SAFE!



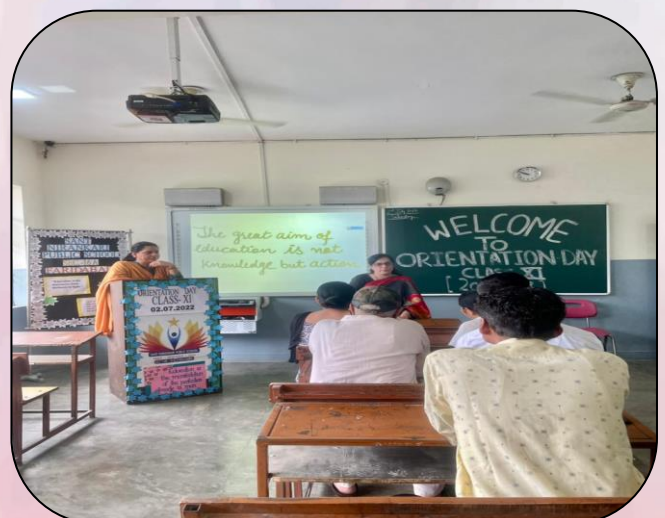
ORIENTATION DAY, 2nd JULY 2022

“A parent is a teacher at home and a teacher is a parent in school and the child is the centre of our universe.”

An orientation programme on July 2, 2022 for class XI was organized to familiarize parents, with the curriculum - scholastic and co-scholastic activities.

Welcoming parents to the new academic session, Ms Meenakshi Sapra and Ms Vaishali Jaitly talked through the benefits of effective communication between parents and teachers; they laid emphasis on a strong connection with the school patrons. Teachers even sought support and suggestions from the parents to provide best education and growth opportunities to the children of the school.

The orientation programme proved to be a sincere effort made by the school in educating the parents to look after and guide their children in a proper manner.



WORKSHOP ON “HOW TO IDENTIFY STUDENTS WITH SPECIAL ABILITIES”, 2nd JULY 2022

“Continuous effort, not strength or intelligence, is the key to unlocking our potential” – Winston Churchill

Workshop on “How to Identify Students with Special Abilities” was organized for the teachers. Our in-house counsellor Ms Sneha took the workshop, she highlighted that Learning Disability is a general term that describes the numerous kinds of learning problems like reading, writing, listening, speaking, reasoning and tackling maths. While there is often no significant symptom of a learning disability, there are certain clues. If a student shows even a few of the signs, then parents and teachers should become alert about the possibility of a learning disability. It was an enriching learning as she shared her expertise to enhance teaching strategies and techniques.



INTERNATIONAL PLASTIC BAG FREE DAY, 3rd JULY, 2022

We strive to involve our students in varied initiatives to make them aware of their surroundings and imbibe international mindedness considering the global perspectives. Our young and dynamic environmental campaigners of SNPS have taken a step forward towards the betterment of future generations with great enthusiasm and zeal. Students pledged to save our environment. They spread the awareness of helping our planet breathe better by taking up activities like making paper bags and reusing cloth bags instead of buying plastic bags!! Enthusiastic parents joined hands along with teachers and students to make banners with slogans like “Plastic – free world”, “Say no to Plastic” & “Reuse, Reduce and Recycle”.



Welcome Back to School!! , 4th JULY 2022

“Summer vacations have passed, A rejuvenated school year starts,
There’s reading, drilling and spelling too,
Team work and blessings will get us through.”

After a relaxed vacation with the spirits held high the children walked into the campus for their journey towards joyous learning with bright and cheerful faces. To extend a formal welcome, a special assembly was conducted by Pragati House. The day started by seeking the blessings of Almighty followed by a welcome speech by Ms.Monika. A recital by Ms. Durgesh emphasizing the significance of courage motivated the students to be committed and assiduous in all their endeavours. We all need to learn and grow.....till our good becomes better and our better becomes BEST.



VAN MAHOTSAV, 7th JULY 2022

“He who plants a tree, plants hope” ~ Lucy Iacron



Van Mahotsav is an annual tree planting festival celebrated in India. It is celebrated in the first week of July as this coincides with the onset of the monsoon.

During this festival, each and every citizen of India is expected to plant a native sapling during the entire Van Mahotsav week and pass it on to the next generation.

The aim of the festival is to encourage people to support the conservation of trees as they help fight the ongoing climate crisis, sustain wildlife and provide us with resources amongst other things. As part of the celebration, the school management committee participated in the tree plantation drive and set an example before young generation by contributing towards saving the environment. Various other activities were conducted for the students.



PP wing-- Vegetable Printing in the Picture of a Tree

Class 1-2--Making of Tree with the help of Hand Impression

Class 3-5--Creation of Decorative Landscapes offering Shades

Class 6-8--Discussion on "How Trees Maintain Ecological Balance" and "Alternative Fuels"

Class 9-12--Tree Plantation Drive in and around School

The above activities were based on the theme “Awareness and Goals”.

SESSION FOR STUDENTS ON ANGER MANAGEMENT AND POWER OF MEDITATION,

16th JULY 2022

In order to make students aware about the disadvantages of unnecessary aggressiveness & anger in the life, we organized a session on Anger Management and Power of Meditation for the students of class IX - XII. Ms. Amrita Sharma initiated the session with a query-What is anger? To which students responded with different aspects.

Mr. Rakesh Bainsla took over the session through a story telling session with the theme that manifestation of anger in physical space or mental harassment is detrimental to the doer himself/herself. The session was then carried on by Ms. Sneha Rajput, Special Educator who suggested various techniques/ strategies to the students to manage their anger as well as frustration in healthy and respectful ways. To assimilate the same, Principal Ms. Mamta Arora guided the students to exercise some enduring anger free and joyful activities like- Meditation, listening music activity for art appreciation, Mindfulness, physical and mental exercises, Yoga asanas etc.



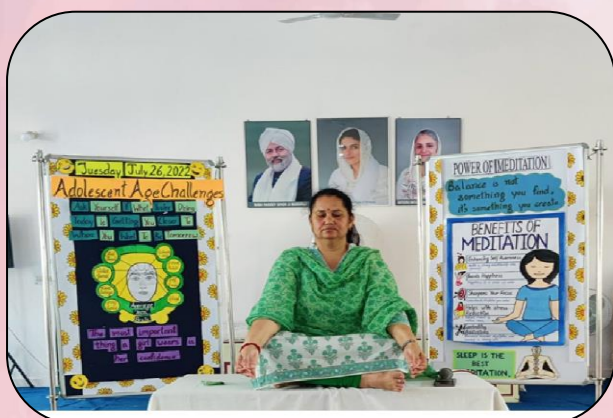
SESSION FOR STUDENTS ON ADOLESCENT AGE CHALLENGES AND POWER OF MEDITATION, 23rd JULY 2022

"Adolescence is like having only enough light to see the step directly in front of you."

Seeing how our adolescents are struggling these days, an informative and interactive session was conducted for the students of class VI - VIII. The students were explained by - Ms Priyanka about the changes they will start facing during this age and how they have to deal with them. Mr Rakesh Baisla through a role play made students understand how they behave with parents now a days. This workshop further ended with Ms Sarita Lochab explaining students how they can control emotional upheaval with meditation and how meditation can calm them in any situation.

And as Stephen Hawking has rightly said -

"Look up at the stars and not down at your feet. Try to make sense of what you see, and wonder about what makes the universe exist. Be curious." was the real objective of the session.



HINDI POEM RECITATION COMPETITION, 23rd JULY 2022

"Poetry and beauty are always making peace, when you read something beautiful, you find coexistence, it breaks walls down..." Mahmoud Darwish

Hindi Poem Recitation Competition was held for the students of Pre-Primary and Pre School. Students touched different areas with their impressive poems. Props used by them enhanced their presentation. Overall, it was a very enriching experience for the spectators and an enjoyable experience for the participants. Principal Ms. Mamta Arora appreciated the efforts put in by little toddlers.

Here are the results of the same:



Pre School



Pre Primary



Ansh, Prayan, Niel	First position
Nayra, Lakshit Soni	Second position
Shivansh	Third position

NILAKSH SHARMA, ANSHIKA SONI	First position
YOHAAN, HIMANSHU	Second position
KRITIKA SHARMA, DHWANI PURI	Third position

Congratulations to all the Young Champions!!



KARGIL VIJAY DIWAS 26th, JULY 2022

"The true soldier fights not because he hates what is in front of him, but because he loves what is behind him." - Gilbert K. Chesterton

Prachi of class VIII highlighted the importance of this day by a speech where she talked about what significance this day holds for us - This day celebrates the victory and sacrifices of our soldiers. One of the significant wars fought in the Indian history, Kargil War, was fought between May to July 1999 in the Kargil- Drass sector of Jammu and Kashmir when the Pakistani troops had unlawfully invaded certain areas alongside the Line of Control (LoC). Manish of class X B paid tribute to the martyrs with a melodious song and Khushi of class IX C talked about the valor of our soldiers with a patriotic poem.



SESSION ON SEGREGATION OF WASTE AND WASTE MANAGEMENT,

27th JULY 2022

**"Refuse what you do not need; Reduce what you do need; Reuse what you consume; ♻️
Recycle what you cannot refuse, reduce, or reuse; and rot (compost) the rest."**

Waste segregation includes the processes and actions required to manage waste from its inception to its final disposal. This includes the collection, transport, treatment and disposal of waste, together with monitoring and regulation of the waste management.

A session was conducted for class III - XII. Ms. Anjali, Ms. Bhawna Chadha, Ms. Komal & Ms. Sarla explained the importance of segregation of waste. They performed an activity on the use of blue, black and green dustbins. They also highlighted the importance of 5 R's in terms of waste reduction. Students enthusiastically performed the activities. Students were taught to reuse the waste by making different useful products like paper bags, pen stand etc.



WORLD NATURE CONSERVATION DAY, 28th JULY 2022

"If conservation of natural resources goes wrong, nothing else will go right."

Nidhi of class VIII A enlightened students about why this day is celebrated with a speech in the morning assembly – It aims to create awareness about the importance of natural resources and the conservation around them. Today the Earth is facing challenges like climate change, deforestation, loss of habitat for wildlife, pollution and more. Chahat of class VI B recited a beautiful poem to create awareness about the steps that we should take at our end to become a responsible citizen.



WORKSHOP ON HAPPY CLASSROOMS, 22nd JULY 2022

"Be the teacher who when given the "hard" class. Says, "these aren't hard kids, these are my kids."

Ms Monika and Ms Durgesh attended CBSE Training Session on 22nd July at Suraj Kund International School Faridabad, so to make the most out of it a workshop was conducted for the whole staff of school. It started with a discussion on Emotional Quotient, strategies for self-regulation, understanding relations and decoding language gestures. They used various audio visuals to suggest innovative ways like storytelling, role play, use of graphic organisers, etc. to invite students' participation in the lessons and emphasised that evoking students' interest through 'hands-on' teaching methods and meditation exercises will add to the efficacy of learning in classrooms.



CBSE TEACHER TRAINING ON "LIFE SKILLS", 23rd JULY 2022

Learning is an ongoing process which never ends. Encouraging teachers to develop their own set of life skills and use them to prepare the youth to face the challenges effectively, an interactive session was conducted by the Central Board of Secondary Education (CBSE) on 23rd July 2022 at Millennium World School, Faridabad. Mr. Pankaj Munjal was the guest lecturer for the day. Ms. Amrita Sharma and Ms. Priyanka Chaudhary of Sant Nirankari Public School, Faridabad participated in the workshop to learn about various ways and techniques of developing and enhancing life skills among students across all age groups.

It was a wonderful session which bore fruit to each teacher present at the venue. We wish to inculcate the learning in the classes and implement it into the lives of the children.



SESSION ON NUTRITION AND HEALTH, 28th JULY 2022

"The food should not be fancy but healthy" should be the motto of our life.

Ms. Nisha Hoshing and Ms. Bhawna Chadha took an interactive workshop in which they enacted as Ms. Nutri and Ms. Junkie. They told about the harmful effects of junk food and insisted them to eat healthy food. A quiz on health was conducted for students of class III - V. Students recited a melodious poem and took a pledge to eat nutrition in right amount always.



SESSION ON LIFE SKILLS AND CYBER SECURITY, 2nd AUGUST 2022

A session on “Life Skills and Cyber Security” for class IX and X was organized on 2nd August 2022.

Ms. Amrita Sharma started the session by emphasizing how practicing life skills can improve a child's self-esteem, confidence, and social competence.

Ms. Shivani Arora took charge on creating awareness among students about Cyber Crimes. Session involved acknowledging the benefits and opportunities offered by the online world, while understanding the risks and avoiding potential harms. It ended with lot of fun activities which made the session interactive as well as insightful.



VEDIC MATHS SESSION, 3rd AUGUST 2022

“Vedic math’s is a magical tool to reduce scratch work and finger counting and improve mental calculation”

A fun filled interactive session of different Sutras of Vedic Maths was organized for the students of Class VI -VIII.

Ms. Priyanka amazed students with some amazing tricks of simple calculations of subtraction, addition, multiplication etc. The session helped in reducing the burden of memorizing difficult concepts and increased the concentration of the children and their determination to learn and develop new skills.

Students were literally in awe while actively participating and enjoying the informative session of Vedic Maths.



SESSION ON STORY TELLING, 4th AUGUST 2022

“It’s not magic takes us to another world – it’s story telling”

A good story telling session helps in developing the child's brain, ability to focus, concentration, social skills, and communication skills. It was this thought that led us to have a storytelling session for our students of Class I to V. Ms Nisha Hoshing narrated a meaningful story and explained the meaning of cooperation through her astounding orating skills. The session was not only interesting but students thoroughly enjoyed it.



TRIBUTE TO HER HOLINESS MATA SAVINDER HARDEV JI, 5th AUGUST 2022



The ideal devotional life of affectionate Mata Savinder Kaur Ji was highly inspiring and full of divinity. Even after achieving the highest level of devotion with the grace of Satguru. She was still natural and simple. There was continuous flow of love, inspiration, and benevolence in her thoughts. However, on 5th August 2018 She merged in Nirankar.

The students were enlightened about the teachings and devotion, and how her influence and invincible inspiration fills us to keep leading on the path of devotion during morning assembly.

INTER-SCHOOL COMPETITIONS AT SATYUG DARSHAN VIDYALAYA, 9th AUGUST 2022

‘Perfection is not attainable, but if we chase perfection, we can catch excellence.’

Students of Sant Nirankari Public School, Faridabad actively participated in inter school competitions organized by Satyug Darshan Vidyalaya, Faridabad. Students from grades VI-XII enthusiastically competed with top schools from Delhi/NCR as part of this competition with great vigour and even by showcasing their talent they were able to carve a niche. Here is the result for the same:



<i>S.NO</i>	<i>EVENT'S NAME</i>	<i>STUDENTS NAME</i>	<i>CLASS</i>	<i>POSITION</i>
1	Group Dance	Geet, Himanshi, Bhoomi, Nishant, Punit, Jiya, Ishant, Nikunj Gaur, Drishti Negi , Aarush, Nikunj, Simran	VII-VIII	Second
2	Debate Competition	Amaan Khan	XI-A	Third
3	Rhythmic Raga	Kritika	VII-A	Third

RAKSHA BANDHAN CELEBRATION, 10th AUGUST 2022

“The bond between a sister and a brother, sometimes tightly woven, sometimes loosely held, but never broken.”

On the auspicious occasion of Raksha Bandhan, Sant Nirankari Public School, Faridabad organized several competitions to make students understand the true essence of this festival and the sacred relation of a brother and a sister. Here are the results for the same:



S.NO	EVENT'S NAME	STUDENTS NAME	HOUSE	CLASS	POSITION
1.	Thali Decoration	Arpita	Prerna	V-A	First
		Manvi	Prakash	V-B	Second
		Priyanshi	Pragati	V-B	Third
2.	Group Singing	Preet House	Preet	VI-VIII	First
		Pragati House	Pragati	VI-VIII	Second
		Prakash House	Prakash	VI-VIII	Third
3.	Solo Song	Priyanshu	Prerna	X-C	First
		Manish	Pragati	X-B	Second
		Muskan	Prakash	X-C	Third



MUKTI PARV, 12th AUGUST 2022

MUKTI PARV is commemorated in remembrance of saints, who led an exemplary life and sacrifice their lives for the sake of humanity. During Morning assembly Ms.Bhawna sensitised students about the significance of Mukti Parv in Nirankari Mission.

She explained that this celebration is an attempt to remember the life that was lived by Baba Sajjan Singh Ji who was born as son of Baba Avtar Singh Ji and Jagat Mata Budhwanti Ji. She emphasised that a devotee attains God knowledge by completely surrendering herself/himself to the will of Almighty.



INTER-HOUSE PATRIOTIC COMPETITIONS, 12th AUGUST 2022

Speaking activities help students to build confidence as they learn to speak more accurately and persuasively about any piece of writing. Sant Nirankari Public School, Faridabad celebrated Independence week with various inter-house competitions to remind students about the sacrifices which were made by our freedom fighters to get Independence from British rule. Here is the result for the same:



	EVENT'S NAME	STUDENTS NAME	HOUSE	CLASS	POSITION
1.	Re-enactment	Diksha	Preet	V-A	First
		Manvi	Prakash	V-A	Second
2.	Poem Recitation	Anshika	Preet	VII	First
		Yashodhra	Prakash	VIII	Second
3.	Debate Competition	Samriddhi and Muskan	Prakash	X	First
		Muskan	Preet	X	Second



INDEPENDENCE DAY CELEBRATIONS, 13th AUGUST 2022

This year Independence Day programme was celebrated in our school on 13th August 2022. The programme started with the welcome of our honourable guest Rev.Jaspal Arora ji - Parmukh of Sant Nirankari Branch, Faridabad and Rev. D.N . Sharma ji - Retired District Fire Brigade Officer accompanied by Chairman Mr. V. K Arora Ji, Manager Mr. N.S. Chauhan Ji, Principal Ms.Mamta Arora Ji along with reputed L.M.C members Ms.Prabha Malhotra ji and Ms. Anita ji. In the outset they hoisted the National flag. We all sang our National Anthem with great pride and patriotism.



Let your spirits fly high with the
Indian flag today.
Happy Independence Day!



After the National Anthem, guests were welcomed in the auditorium by Ms. Pooja Arya with tricolour stoles and badges as symbol of respect. Commencing the function, tiny - tots of our school gave an exemplary dance performance. Our school choir then sang patriotic song followed by a mesmerising act of Rani Laxmi Bai. The celebration also included patriotic poem recitation and dance performance.



The Manager Sir gave a speech and reminded everyone about the struggle and sacrifice that our freedom fighter did to give us independence. The difference in education system before independence era and after independence was also highlighted.

Prize distribution ceremony was also held where students were appreciated for their incredible performance in the inter school competitions. The programme ended with a vote of thanks by the programme hostess Ms. Neelam Bhardwaj. Later sweets were distributed among the students and the staff members.





JANMASHTAMI CELEBRATION 18 August 2022

**“WHEREVER THERE IS KRISHNA, THE MASTER OF ALL MYSTICS,
THERE WILL CERTAINLY BE OPULENCE, VICTORY,
EXTRAORDINARY POWER AND MORALITY”**

Krishna Janmashtami was celebrated with great pomp and festivity by the tiny-tots of pre-primary section at Sant Nirankari Public School, Faridabad. Students were explained about the importance of Janmashtami that this festival teaches us to be friendly and also the value of sharing. Dressed as Radha and Krishna, the cute little ones added a traditional touch to the entire celebrations when they danced to the beat of Janmashtami songs, filling the air with joy and festive spirit. The most significant event of the programme was handi and crown decoration competition. Children enthusiastically participated in the competition and beautifully decorated handi with their innovative ideas. Principal Ms. Mamta Arora appreciated the efforts put in by parents and teachers and further cherished the involvement of children in the celebration at such a tender age.



SENIOR CITIZEN DAY 22nd AUGUST 2022

“For all they have achieved throughout life and for all they continue to accomplish, we owe older citizens our thanks and a heartfelt salute.”

On 22nd August 2022, students of Sant Nirankari Public School, Faridabad celebrated Senior Citizen Day. It was an attempt to support, honour and display appreciation to our seniors and to recognize their achievements. In the special assembly, Manvi of class V-A delivered a speech in which she highlighted the dedication, accomplishments and services rendered by the elders throughout their lives.



CAREER COUNSELLING SESSION, 22nd AUGUST 2022

“Life isn’t about finding yourself.

Life is about creating yourself.”

Career counselling is vital for school students especially for the ones who are on the verge of choosing a new stream or specialization. It helps them choose the stream based on their interest and aptitude.

A career counselling session was organized for the students of class IX and X. The aim of the session was to make students aware about the importance of career planning. Ms. Meenakshi Sapra advised students to choose their career wisely after analyzing their intellect, resources, and capabilities.

Ms. Vaishali enlightened the students with various career options available to them. She highlighted the courses and scope of the professions emerging in current scenario.



SESSION TO PROMOTE HAPPINESS AMONG CHILDREN, 24th AUGUST 2022

A 'Happiness Session' was organised for the students of class III-V on August 24, 2022. The aim of the session was to make students aware about the importance of happiness in a classroom and how they can play an important role in making a classroom happy.

Ms. Durgesh asked what happiness means to them. Their perspective of being happy was talked about and later a story was narrated and the students were told to explain the moral behind it.

Ms. Sneha planned an entertaining 'Foot and Hand Print' game to help students in learning body balancing while engaging their minds in a playful manner.

Principal Ms. Mamta Arora further laid emphasis on the importance of happiness in the classroom, as it will help their learning easy and stress free.



CAREER AWARENESS PROGRAMME, 26th AUGUST 2022

“Your career will be defined by the successes and failures – and your perseverance to succeed.”

A workshop on career counselling was conducted for the students of grade X-XII in the school premises by the professional career experts from “The Institute of Company Secretaries of India”

Mr. Arun Nagar and Ms. Mitika Malik made students aware regarding the various courses available and the sea of opportunities in the outer world. They emphasised on the scope of CS in today's time. Students were motivated to choose their career wisely and manage time efficiently.



SESSION ON ADOLESCENCE, 26th AUGUST 2022

Adolescence is a transitional stage of physical and psychological development that occurs between puberty and adulthood. Teenagers have many doubts and conflicts regarding the several changes they go through during these growing years of their lives.

A session on Adolescence was conducted for the students of class VI-VIII where Ms. Priyanka spoke about adolescence and its stages and its effect on physiological, psychological, and emotional life. She spoke at length about how students can deal with all these issues in a healthy way and discuss it with their teachers and parents.



NATIONAL SPORTS DAY, 29th AUGUST 2022

Sports and games are an integral part of our life and have become a way of life for a healthy and fit India. Sports play a pivotal role in the makeup of a young athlete.

National Sports Day, also known as Rashtriya Khel Diwas, marks the birth anniversary of Major Dhyan Chand, the legendary hockey wizard who was born on August 29 in the year 905.

To mark the significance of National Sports Day, Sant Nirankari Public School, Faridabad organised several activities to inculcate the feeling of true sportsmanship among the children and to enhance their physical and social skills. The competitions for the day began with the toss ceremony being done by Principal Ms. Mamta Arora. She wished good luck and advised to keep healthy sportsmanship.

Here are the glimpse of all the competitions held:





SANSKRIT WEEK CELEBRATION, 30th AUGUST 2022

The Sanskrit language is the mother of all languages, an identity of India in real sense. Being committed to preserve the cultural heritage, Sant Nirankari Public School, Faridabad celebrated Sanskrit Week with the students of class VI-VIII. Ms. Reema and Ms. Pooja conducted an array of activities to mark the importance of Sanskrit language. Students performed a beautiful play on the topic of 'Guru Dakshina'. In the play, they showed how Eklavya gave his thumb when guruji asked for dakshina. Songs and Shlokas were also recited during this occasion. Principal Ms. Mamta Arora shared interesting motivational stories with the students and encouraged them to give due importance to the language.



यत् भावो - तत् भवति

(You become what you believe)



RALLY TO PROMOTE SWACHH BHARAT CAMPAIGN 1st September, 2022

"Cleanliness can provide us with inner peace; Clean India's mission is something that we need."

An awareness rally was organised by the students of Sant Nirankari Public School, Faridabad on Swachh Bharat Abhiyan. Before the rally, the school principal, Ms Mamta Arora addressed all regarding the importance of sanitation. Students participated in the rally to create awareness about cleanliness among local people and motivated them to imbibe this in their day-to-day life.

The aim was to bring behavioural change in students and apprise them of the value of cleanliness at personal and public level.



INVESTITURE CEREMONY 2nd September, 2022

"Leadership is the capacity to translate vision into reality" - Warren Bennis

The Investiture ceremony signifies the reliance and confidence that the school consigns in the newly invested student council. The school conducted the Investiture Ceremony on 2nd September 2022, wherein the newly elected Student Council was conferred with their responsibilities, duties and badges.

They were conferred with badges and sashes by Chairman Mr. V.K. Arora, Manager Mr. N.S. Chauhan and Principal Ms. Mamta Arora. The school council members also took the oath to hold the dignity and honor of the school. The Manager Mr. N.S. Chauhan inspired and encouraged the newly elected leaders to be dutiful and responsible in his address to the gathering. The school Principal Ms. Mamta Arora also advised them to be role models and extended a supporting hand to the student's council for the smooth running of the school. The march by all the elected leaders was spectacular which set the mood for the occasion.



Following is the list of responsibilities and allocation of work for newly elected student council:

Sr. No.	Name	Class & Section	Designation	Allocation of Work & Responsibility
1	TUSHAR TANWAR	XII A	HEAD BOY	<p>*They are responsible for smooth coordination of all house events while keeping positive behaviour.</p> <p>*They will plan and assign duties, head meetings, explain the rules and regulations to captains and vice captains</p>
2.	NAMASHVI SHARMA	XII B	HEAD GIRL	<p>* Active participation in school meetings and events.</p> <p>* Fostering the positive relationship .</p>

S. No.	Name	Class & Section	House	Designation	Allocation of Work & Responsibility
1.	Varun	X B	Prerna	Captains	<p>*Sustaining the spirit of the house and bidding fellow students to participate in house activities.</p> <p>*Communicate any relevant news to the Vice-Captains.</p> <p>*Help in selection of students during inter-house events.</p> <p>*Act as a link between House Teachers and House Members.</p>
2.	Saloni Shukla	XII A	Pragati		
3.	Babita	XII A	Preet		
4.	Suraj Singh	XII B	Prakash		

S. No.	Name	Class & Section	House	Designation	Allocation of Work & Responsibility
1.	Mansi	XII B	Prerna	Vice-Captains	*Act as a link between Captain and Prefects.
2.	Toshi	XII B	Pragati		*Allocating duties to Prefects.
3.	Krish	XII A	Preet		*Help in organizing the events and competitions. *Communicate the relevant news to all the house members.
4.	Nancy	IX B	Prakash		*Ensures discipline among house students during events.

S. No.	Name	Class & Section	House	Designation	Allocation of Work & Responsibility		
1.	Janvi	XII A	Prerna	Prefects	*Cooperate with the house captains and vice-captains in carrying out the duties.		
2.	Rashmita	XII B					
3.	Lokesh Yadav	X C					
4.	Priyanshu	X C					
5.	Tanishq	X B					
6.	Vanshika	IX B					
1.	Amaan khan	XI	Pragati		Prefects	*Ensures discipline during assembly and dispersal of students.	
2.	Deepanshi	X B					
3.	Mansi	X A					
4.	Saksham	IX C					
5.	Himanshu	VIII A					
6.	Shourya	VIII A					
1.	Dhruv	XII A	Preet			Prefects	*Helping to set up the hall for assemblies.
2.	Disha	XI					
3.	Gourav Mehndiratta	XI					
4.	Mehak	X B					
5.	Purnima	XB					
6.	Anshika Tyagi	VIII A					
1.	Kamna	X C	Prakash	Prefects			
2.	Samriddhi	X A					
3.	Alisha	X B					
4.	Muskaan	X C					
5.	Samim Ali	IX B					
6.	Bhawna	VIII A					

TEACHERS' DAY CELEBRATION, 5th SEPTEMBER 2022

“It is the supreme art of the teacher to awaken joy in creative expression and knowledge.”

Sant Nirankari Public School, Faridabad celebrated this occasion with much vigor and enthusiasm. In the morning assembly, students of Class XII delivered a speech to denote their love, respect, acknowledgement and recognition of the hard work put in by the teachers towards their development. Anshika of Class VIII recited a poem in which she highlighted how teachers play a vital role in making their pupil accountable citizens of tomorrow and wonderful human beings. The assembly concluded with a song sung by Priyanshu of Class X who showed gratitude towards all the teachers through his melodious voice.

A lot of fun activities were arranged by the house on duty in second half of the day. Then Manager Mr. N.S. Chauhan talked about the importance of the day and he narrated various interesting life stories of Sarvapalli Radhakrishnan ji's life thereafter the Chairman, Mr. V.K. Arora, and the Principal Ms. Mamta Arora congratulated the teachers and acknowledged the sincere efforts of every teacher for painstaking effort they selflessly put in every day. It was a remarkable day for all the teachers with many unforgettable moments.--



INTER HOUSE HINDI DIWAS COMPETITIONS, 6th SEPTEMBER 2022

Students and staff of Sant Nirankari Public School, Faridabad conducted various inter-house Hindi competitions to demonstrate the importance of the country's most widely spoken Hindi language. Students actively participated in different competitions; Board Decoration, poetry, extempore, slogan and duet writing/singing competition to exhibit the importance of Hindi language and made this event successful. Further Principal Ms. Mamta Arora encouraged the students to use Hindi in their daily life and respect their National language.



TRAINING SESSION ON "FINANCIAL LITERACY AND USE OF DIGITAL TOOLS",

8th SEPTEMBER 2022

"Financial literacy is not an end in itself, but a step-by-step process. It begins in childhood and continues throughout a person's life all the way to retirement."

CBSE has taken an initiative to sensitize teachers across the country on basics of "Financial Literacy and use of Digital Tools" that are relevant in the current scenario. In this session focus was to create awareness about basic financial planning, how to avoid falling prey to phishing and cyber frauds, etc. This initiative was a part of Activities related to Investor Education and Awareness Initiative in terms of SEBI (Mutual Funds) Regulations, 1996.

The Hub Leader Geeta Bal Niketan Sr. Sec. School, Faridabad organized this enlightening session on 8th September 2022. In this session, our Principal MS. Mamta Arora got special invitation to attend this seminar as chief guest with her team. CS Riya Kathuria, the CBSE Resource Person, imparted awareness to the teachers on finances and the difference between saving and investment. The motive was to help educators stay updated to plan their future in better way.

Teachers of Sant Nirankari Public School, Faridabad truly benefited from the session and were indeed happy to be a part of this meeting.



WORLD FIRST AID DAY, 9th SEPTEMBER 2022

"First Aid is something you learn to help others"

In order to celebrate World First Aid Day and create awareness among students, Shri Ratan Singh Azad and Shri Darshan Bhatia - Retired First Aid Training Lecturers from Red Cross Society took a training session at Sant Nirankari Public School, Faridabad for the students of class VI - VIII on 9th September 2022. They discussed the importance of first aid, emergency numbers and the essential things one must keep in a first aid kit.

The primary goal of First Aid is to:

- *Prevent death and preserve life.
- *Prevent the worsening of the casualty's medical condition.
- *Promote recovery.
- *Provide safe transportation to the nearest health care facility.



ONE DAY WORKSHOP ON STRESS MANAGEMENT BY CBSE 10th SEPTEMBER, 2022

“Stress acts as an accelerator: it will push you either forward or backward, but you choose which direction.”

One day seminar was conducted by a renowned CBSE resource person Dr. Nitesh Kumar Singh, at Kalka Public School, Sector 76, Faridabad on 10 September 2022 which was attended by Ms Pooja Arya and Ms Seema Thakur Sharma.

The main highlights of the seminar were – various types of stress faced by teachers as well as students, stress relaxation therapy that could be followed and different stress management techniques. He also explained that “Stress can be good or bad, it is our attitude how we tackle with it”.

Following were the tips given by DR. NITESH KUMAR SINGH on how to maintain a healthier lifestyle and to prepare oneself to cope with the stress of everyday living.

- Structure each day to include a minimum of 20 minutes of aerobic exercise.
- Eat well-balanced meals, more whole grains, nuts, fruits and vegetables.
- Substitute fruits for desserts.
- Get at least 7 hours of sleep.
- Spend time each day with at least one relaxation technique – imagery, daydreaming, prayer, yoga or meditation.
- Take a warm bath or shower.
- Go for a walk. Get in touch! Hug someone, hold hands, or stroke a pet. Physical contact is a great way to relieve stress.

Answering to the queries of the teachers, he mentioned that it is very important to vent out the feelings in front of the person who could give them the best guidance instead of keeping the knots in the mind. The seminar concluded with a big smile on the faces of teachers and with a promise to deal with stress in a positive way.



BEST OUT OF WASTE ACTIVITY, 21st SEPTEMBER 2022

"Recycling things is like magic that turns ordinary things into extraordinary."

'Best Out of Waste Activity' was organized at Sant Nirankari Public School, Faridabad for students of classes P.S. and P.P. In the activity, students displayed their creative art and craft ideas by making: a hat, paper vase, greeting cards, Utility box, toys and paper jewellery and many more. The creativity displayed by the children was mesmerizing. The activity promoted artistic fervour in our leaders of tomorrow.



EXPERIENTIAL LEARNING SUMMIT, 24th SEPTEMBER 2022

Entab organized India's most awaited biggest Summit of the year- Experiential Learning Summit 2022. It was an all-new visionary event empowering educators to build champions for life. In this Summit, a panel of 500+ distinguished educators came on board to talk in-length about re-inventing teaching for sustainable development in 2030, Experiential Learning powered by technology, building future leaders with values and attitudes, nurturing values for good citizenship and experiential education for sustainable development. Educators from different backgrounds came together to discuss the different strategies, activities and ways to make Experiential Learning engaging and fun for students. The principal, Ms Mamta Arora attended this intriguing talk session of the year on the 24th of September 2022 at Le Meridian Hotel, Connaught Place, New Delhi.



WORLD TOURISM DAY 27th SEPTEMBER, 2022

“The desire to explore new places and cultures has helped the world to come together and connect effectively.”

This World Tourism Day, Sant Nirankari Public School, Faridabad organized various activities to make this day memorable. In the morning assembly, Tanvi of Class VIII gave a speech in which she highlighted the important role tourism plays in society as well as in one's well-being.

PowerPoint presentation on World Tourism Day enabled students of Class I and II to comprehend the relevance of visiting different places in Faridabad stimulating tourism to regulate imagination with reality.

Students of Class III-VI prepared beautiful posters and collages through which students gained knowledge of different tourist places and monuments of India.

Social Science teachers of Class VII conducted quiz on 'Republic of Indonesia' in which students learnt the diverse cuisines, arts, faiths, music forms, adventures places, history and even language of Indonesia.

A class discussion was held in Class VIII on the theme 'Rethinking Tourism' in which students actively participated.

Students of Class IX and X prepared pamphlets and travel brochure through which they understood the importance of tourism both for recreation and for economy.



'MERA PARICHAY' ACTIVITY 27th SEPTEMBER, 2022

To commemorate and celebrate the popularity of Hindi language throughout the nation and to inculcate love for Hindi language in our kids, 'Mera Parichay' activity was held in the Pre-Primary wing where children mesmerized everyone by their short introduction in Hindi language. Teachers urged students to feel proud of our National Language- Hindi.



SEMINAR ON ART OF STUDY ON 28th SEPTEMBER, 2022

Confidence is very important for everyone at each stage of life, which somewhere students lack. However seminars and conferences organised by the school helps the students interacting with the leaders which boosts up their confidence. A seminar was conducted by G L A University Mathura in the school premises on “How to Concentrate on Studies during Board Examination” for the students of class XI and XII. The main aim of the seminar was to help students in dealing with the stress related to the examination. The one hour session began with some basic questions.



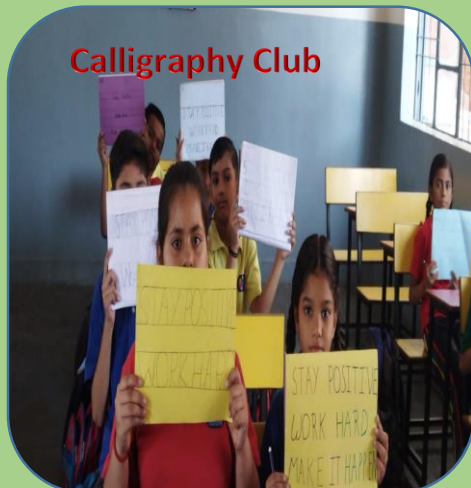
WORLD HEART DAY 29th SEPTEMBER, 2022

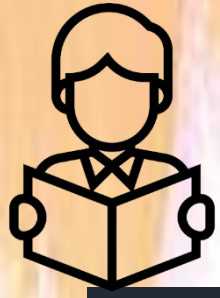
Sant Nirankari Public School, Faridabad celebrated the “World Heart Day” wherein children were told about taking care of their hearts by eating healthy diet, doing exercise and yoga.

In the special assembly, the significance of the day was given by Manvi of Class VIII. In her speech she highlighted the importance to take care of one’s heart as well as of others and also the need for maintaining a healthy diet for a healthy living. On this day students also participated in craft activities in which they made posters on ‘Healthy Heart’ to create awareness about healthy heart. Overall it was a fun-filled learning experience for the children.



Club Activities





Students Corner



Friendship Day

Achieve In Reality

Never give up.
Just because you didn't get one
opportunity
doesn't mean you never will.
The whole world is yours to conquer.
Try and try till you achieve.
Overcome your fears. Work towards your
aim.
Don't just dream about winning;
Work hard to win not in your dreams but
in reality.

Himanshu VIII A

Friends Are For Life...
Who Help Each One
Who Remember Everyone...
Day or Night

Who's Cute Smile Gives
Happiness...
All Over The World

Who Can Judge The People
With Their Beautiful Minds
Who Is That...
A Best Best Friend.

Pratigya VII B

गर्व से कहो हम हिंदू हैं

गर्व से कहो हम हिंदू हैं,
इस पावन धरा के बिंदु हैं ।
जहाँ प्रभु राम ने जन्म लिया
उस सिंधु माता के कुंभ हैं ।
मर्यादा पुरुषोत्तम उनकी छवि सारे जग में बहुमूल्य है ।
रामराज्य प्रस्थापित करके किया कर्म अतुल्य है ,
हाँ , चौदह साल वनवास भोग के , पिता शब्द का मान रखे ,
धर्म पथ पर चलते रहे ये ,
राजपथ का मोह छोड़ के,
सीता माता विरह तोड़ने , लगे समुद्र पर सेतु जोड़ने ,
राम सेतु निर्माण करके ये प्रेम प्रतीक चले सीता खोजने, महाशक्ति बलशाली
रावण अचंभित इन कार्यों से ,
खाक हुई सोने की लंका पवन पुत्र हनुमान से ,
तीनो लोक विजेता रावण , भय उठा थर काँप से ,
त्रिलोक में जय जयकार उठे अब जय जय प्रभु श्री राम के ।

Yashika XB

